

Sit-Spot Nature Observation #2



your mission

Back in the spring, you were challenged to observe the wild world in your own backyard from a special 'sit-spot'. This month, you will be repeating this activity to see how the changing seasons affect the natural world.

Autumn is a busy season for many species of wildlife. As the days get shorter and the temperatures drop, wild animals must prepare for the winter season. Some animals hibernate, some migrate and others stick out the harsh winter at home.

You will find that your sit-spot is a very different place than it was in the spring!

1. You will be revisiting the same sit-spot that you chose back in the spring. If you missed that activity, choose a special, comfortable spot outside where you can sit and observe nature. It needs to be a safe and convenient spot that you can get to easily, so your backyard is the best place! If you don't have a yard, ask your parents to help you find a sit-spot at a nearby park or green space.
2. Your mission is to spend 10 minutes sitting quietly at your sit-spot, observing the natural world around you and recording your observations on the following page. What do you see? Hear? Smell? Bring a watch so you know when 10 minutes has passed.
3. Repeat this activity once a day for a total of five days. Try visiting your sit-spot at a different time each day.
4. Once you have completed this activity five times, complete the follow-up questions.

what you will need:

- A printed copy of this Activity Guide
- A clipboard or something hard to write on
- A pencil or pen
- A watch or stopwatch

ranger tip 1

Be a good listener.
The quieter you are,
the more you will
see!

ranger tip 2

Use your senses.
What do you smell?
What do you hear?
What do you see?

ranger tip 3

Try a new
perspective.
Look up into tree
branches or down
into the grass



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Junior Ranger Name: _____

Home Town: _____ Date: _____

	Start time	weather <small>(e.g. cloudy, hot, windy)</small>	what did you see? <small>(e.g. a crow watching me, a line of ants, a squirrel in a tree)</small>	what did you hear? <small>(e.g. a bird singing, a dog barking, a car horn)</small>
day 1 Date:				
day 2 Date:				
day 3 Date:				
day 4 Date:				
day 5 Date:				

1. What time of day was busiest in your sit spot? _____ What time was the quietest? _____
2. How was your sit spot experience different this time than in the spring? How do you think your yard has changed since spring? Have the trees changed? Are animals and birds behaving differently? Does it smell different? Does it feel colder?