

Sit-Spot Nature Observation



your mission

Junior Rangers know that we often share our communities with a wide range of wildlife species. That means that sometimes, an animal's habitat (or home) can overlap with our own. In this month's activity, you are going to discover the wild world right in your own backyard! One of the best ways to build super wildlife detective skills is to find a 'sit-spot' - a special place in your backyard where you can quietly observe nature. You might be surprised by what you see!

1. The first step in this month's activity is to choose your sit-spot. A sit-spot should be a special, comfortable spot outside where you can sit and observe nature. It needs to be a safe and convenient spot that you can get to easily and quickly, so your backyard is the best place! If you don't have a yard, ask your parents to help you find a sit-spot at a nearby park or green space.
2. Your mission is to spend 15 minutes sitting quietly at your sit-spot, observing the natural world around you and recording your observations on the following page. What do you see? Hear? Smell? Bring a watch so you know when 15 minutes has passed.
3. Repeat this activity once a day for a total of five days. Try visiting your sit-spot at a different time each day.
4. Once you have completed this activity five times, complete the follow-up questions.

what you will need:

- A printed copy of this Activity Guide
- A clipboard or something hard to write on
- A pencil or pen
- A watch or stopwatch

ranger tip 1

Be a good listener.
The quieter you are,
the more you will see!

ranger tip 2

Use your senses.
What do you smell?
What do you hear?
What do you see?

ranger tip 3

Try a new
perspective.
Look up into tree
branches or down
into the grass.



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Junior Ranger Name: _____

Home Town: _____ Date: _____

	Start time	weather <small>(e.g. cloudy, hot, windy)</small>	what did you see? <small>(e.g. a crow watching me, a line of ants, a squirrel in a tree)</small>	what did you hear? <small>(e.g. a bird singing, a dog barking, a car horn)</small>
day 1 Date:				
day 2 Date:				
day 3 Date:				
day 4 Date:				
day 5 Date:				

1. What time of day was busiest in your sit spot? _____ What time was the quietest? _____

2. Do you think being a quiet observer helped you to see more? Why?

3. How would you describe your sit-spot experience? Did you enjoy it? Were you surprised by what you saw? Heard? Smelled?

*When you're done, take a photo or scan this page and submit it to jrp@wildsafebc.com (ask a parent to help!)